

May 2019

## **New faces for Barns Green Half Marathon and 10k**

The Barns Green Half Marathon and 10k Committee is delighted to welcome two new key members of the organising team. Lauren Swatton is the new Race Secretary taking over from Sue Parillon and Clare Giles takes over as Meetings Secretary from Carolyn Lambkin.

Lauren works in clinical drug research and is born and bred in Horsham. She has been running for about 20 years and has lost count of the number of races she has done. She has completed 6 full marathons, some outside the UK, various 5k, 10k and 10 mile races as well as many half marathons including of course the Barns Green Half Marathon on several occasions.

Claire is a self-confessed running addict and is also a Level 3 PT, and a Zumba instructor. She is part of the park run core team at Brighton & Hove and she runs with Burgess Hill Runners and Runbrighton. She has also run many different races over the years and has also completed 6 marathons and several half marathons, the first of these that she ran was the Barns Green Half Marathon.

Barns Green Half Marathon Race Director, Vernon Jennings said, "We are delighted that Lauren and Claire have agreed to join our team. I know they will bring with them invaluable running knowledge and experience and that they will be able to pick up where Sue and Carolyn left off and help take our event to the next level. I must record a huge thanks to both Sue and Carolyn for all their hard work and dedication over the past few years".

"Sue has served as Race secretary for 10 years and in that time she did an outstanding job. Her hard work and dedication were absolutely key in enabling our races to become as successful as they have in the past few years. Sue will continue to work on the race this year and help Lauren settle in to the role. As a small token of thanks to Sue, we have asked her if she would act as official starter for the 10k race this year".

"Similarly, we will miss Carolyn who has for the past 4 years managed to make sense of and coordinate all the notes from our Committee meetings. She has done a wonderful job and has been an extremely reliable and efficient operator who I have depended on greatly. I know that all the Committee would join me in thanking Sue and Carolyn for all their hard work and total commitment".

This year's races take place on Sunday 29<sup>th</sup> September - in just under 4 months time. As always the support and help of all the local residents is greatly appreciated, particularly with regard to road closures. It is always good to see as many local runners taking part, so if you haven't already signed up for this year's races, why not give it a go! Once again St Catherine's Hospice has been chosen as the official charity for the Barns Green Half Marathon & 10k. The enormous success of last year's races combined with the great generosity of the runners resulted in just over £19,000 being raised for St Catherine's. A lot of money was also raised for the many societies, groups and sports clubs who help with the organisation of the event.

Last year over 2,000 runners registered for the Half Marathon, which is in its 37<sup>th</sup> year and the increasingly popular 10k event which is now in its 4<sup>th</sup> year. As always, the two race

courses follow routes on closed roads, through the lanes of Barns Green, Itchingfield, and Christ's Hospital.

For further details on how to take part visit the Barns Green Half Marathon website;  
**[barnsgreen-half.org.uk](http://barnsgreen-half.org.uk)**

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